

Barcelona

Plan

Reserved

Open time

Night out

Optional

\$ under €20\$€20–50\$\$\$ €50–100\$\$\$\$ €100+ per person

	13Tue	14Wed	15Thu	16Fri	17Sat	18Sun
	Arrival Land, regroup in El Born. Tapas, the Gothic Quarter, first night out.	Mediterranean A slow day by the sea. Long seafood lunch, the beach, a late one.	Gaudí Sagrada Família, a wander through Gràcia, cocktails, pintxos on Blai.	Boat Party On the water all afternoon, maybe Costa Brava. Japanese, then Opium.	Best Dinner Free morning, classic tapas, then three Michelin stars as the closing dinner.	Home Check out and head home.
9 AM		Nomad Coffee Lab\$ Specialty coffee roaster · 9 min from the hotel · free time	Rest	Big breakfast / lunch	Free time	Departures
10 AM	Arrive BCN El Prat airport					
11 AM	Bags & cars					
12 PM	Hotel Grand Hotel Central · Unpack, shower, catch up	Barceloneta → Port Olímpic Old fishermen's quarter by the beach · Waterfront walk to lunch	Brunch Keep it light	Port Olímpic Marina by the beach · Pregame the boat		
1 PM						
2 PM	Lunch — Bar La Plata\$ Tapas bar since 1945 · Closes 3 PM · or Quim	Reservation · 2:00 PM\$\$\$ Long lunch — Eldelmar Torres brothers' seafood and rice house, over the water · Confirm the moved booking	Timed entry · 2:15 PM\$\$ Sagrada Família Gaudí's unfinished basilica	Boat day On the water all afternoon	Lunch\$\$ Classic, packed tapas bars · Ciutat Comtal, Cerveceria Catalana, Vinitus or Quim	
3 PM	Gòtic wander\$ Barcelona's medieval core · Street cocktail, then coffee at Cafés El Magnífico, a cult roaster					
4 PM			Gràcia / Casa Batlló\$\$ Village-like neighborhood; Gaudí's dragon house · Shops, serendipity. No plan		Patrick ToppingOptional idea UK tech-house DJ · Date TBD · group or a few?\$\$	
5 PM	Hotel reset	The beach Wine, drinks, hang		Hotel reset Shower, rest, get dressed		
6 PM	Reservation · 6:15 PM\$\$\$ Cocktails — Monk Neo-Gothic speakeasy behind a grocery · DJ in the back room		Vermouth stop\$ Catalan aperitif ritual			
7 PM		Shower / rest up	Cocktails in Gràcia\$\$ Small neighborhood cocktail bars · Bobby Gin, Old Fashioned or Elephanta			
8 PM	Reservation · 8:00 PM\$\$ Dinner — Llamber Modern Catalan tapas in the Born · Update booking to 8		Dinner — Carrer de Blai\$ Pintxos street in Poble-sec · €1–3 a bite	Reservation · 9:15 PM\$ Dinner — Robata Japanese robata grill and sushi · Lively Eixample room · €25 pp cancellation fee	Reservation · 9:00 PM\$\$\$\$ Closing dinner — Cocina Hermanos Torres Three Michelin stars, open-kitchen theatre · Paid · 48 hr cancellation	
9 PM		Cocktails — Paradiso\$\$\$ Speakeasy behind a pastrami-bar fridge door · Once ranked the world's No. 1 bar		11:00 PM Opium\$\$\$ Beachfront megaclub · Quick pregame en route. Book a table		
10 PM						
11 PM						
12 AM		Razzmatazz\$\$ Five-room warehouse club · Indie to techno			Party	
1 AM						
2 AM						

Reservations			
Tue	6:15 PM	Monk	Cocktails
Tue	8:00 PM	Llamber	Dinner — update to 8
Wed	2:00 PM	Eldelmar	Confirm it was moved
Thu	2:15 PM	Sagrada Família	Timed entry
Fri	9:15 PM	Robata	€25 pp cancellation
Sat	9:00 PM	Cocina Hermanos Torres	Paid · 48 hr notice

Alternates · under consideration			
A1	Classic cars to Opium		Fri night
A2	Casa Batlló private dining		TBD
A3	Ferrari driving experience		TBD
A4	Food & architecture tour		TBD

Places

Day	Time	Place	What it is	Why we're going
Tue 13	12 PM	<u>Grand Hotel Central</u>	Five-star hotel on Via Laietana with a rooftop infinity pool.	Home base, right between the Gothic Quarter and the Born, so most of the week is walkable.
	2 PM	<u>Bar La Plata</u> \$	Tiled, standing-room tapas bar in the Gothic Quarter, open since 1945, with a menu of just four dishes.	The most Barcelona first meal there is: fried fish, tomato salad, a cold drink, done in 30 minutes. Quim, a counter inside the Boqueria market, is the backup.
	3 PM	Gothic Quarter · <u>Cafés El Magnífico</u> \$	The medieval core: narrow lanes, the cathedral, hidden squares. El Magnífico is a family coffee roaster in the Born, running since 1919.	Easiest way to shake off the flight and get your bearings, with a proper coffee to reset before the night.
	6:15 PM	<u>Monk</u> \$\$\$	Neo-Gothic speakeasy hidden behind a grocery shop, with a lounge up front and a DJ room in the back.	Opening-night cocktails from one of the city's best bar teams, a short walk from dinner.
	8:00 PM	<u>Llamber</u> \$\$	Modern Catalan tapas in the Born, built for sharing.	First proper group dinner: lots of small plates, good for eight people, lively without being a scene.
Wed 14	9 AM	<u>Nomad Coffee Lab</u> \$	One of the roasters that started Barcelona's specialty coffee scene.	A slow, good coffee to start the slow day, 9 minutes from the hotel.
	12 PM	<u>Barceloneta</u>	The old fishermen's quarter, a grid of narrow streets running down to the beach.	A seaside walk along the promenade that ends at lunch.
	2:00 PM	<u>Eldelmar</u> \$\$\$	The Torres brothers' seafood and rice restaurant at Port Olímpic, from the chefs behind Cocina Hermanos Torres, with tables over the water.	The long Mediterranean lunch the whole day is built around: rice, fish, wine, sea view.
	10 PM	<u>Paradiso</u> \$\$\$	Speakeasy entered through the fridge door of a pastrami bar in the Born. Ranked No. 1 on World's 50 Best Bars in 2022.	The most theatrical cocktails in the city. Worth it once.
	12 AM	<u>Razzmatazz</u> \$\$	Five-room warehouse club in Poblenou, each room a different sound, from indie to techno.	Barcelona's classic big night out, with something for everyone in the group.
Thu 15	2:15 PM	<u>Sagrada Família</u> \$\$	Gaudí's basilica, under construction since 1882.	The one sight nobody should skip. The light through the stained glass inside is the reason to go in.
	4 PM	Gràcia · <u>Casa Batlló</u> \$\$	Gràcia is a village-like neighborhood of plazas and independent shops. Casa Batlló is Gaudí's dragon-roofed house on Passeig de Gràcia.	A low-key afternoon after the big sight. Wander, shop, no schedule.
	6 PM	<u>Vermouth</u> \$	Vermut, the Catalan pre-dinner ritual: vermouth on ice, olives, chips.	How locals start the evening, and a gentle first drink.
	7 PM	<u>Bobby Gin</u> · <u>Old Fashioned</u> · <u>Elephanta</u> \$\$	Three small Gràcia cocktail bars: a gin specialist, a classic-cocktail bar and a tiny gin den.	Good drinks in neighborhood bars, without the queues of the center.
	9 PM	<u>Carrer de Blai</u> \$	A pedestrian street in Poble-sec lined with pintxos bars, about €1–3 a bite.	A cheap, loose bar crawl that works for a big group. Eat, move, repeat.
Fri 16	12 PM	<u>Port Olímpic</u>	The marina built for the 1992 Olympics, next to the beach.	Meeting point for the boat, with a pregame on the waterfront.
	2 PM	<u>Boat day</u>	An afternoon on the water, possibly up the Costa Brava.	Sun, sea and the whole group together for the afternoon.
	9:15 PM	<u>Robata</u> \$\$	Japanese robata grill and sushi bar in Eixample.	A lively, lighter dinner that sets up the big night without slowing anyone down.
	11:00 PM	<u>Opium</u> \$\$\$	Beachfront megaclub at Port Olímpic.	The big Friday night out. Book a table so a group of guys gets in.
Sat 17	2 PM	Ciutat Comtal · <u>Cervecería Catalana</u> · <u>Vinitus</u> · <u>Quim</u> \$\$	Four of the city's classic tapas bars: busy, no-frills, great seafood and montaditos.	A proper tapas lunch before the big dinner. Pick whichever has the shortest queue.
	4 PM	<u>Patrick Topping</u> Optional idea \$\$	UK tech-house DJ and founder of the Trick label.	For whoever wants a set before dinner. Date and venue still to confirm.
	9:00 PM	<u>Cocina Hermanos Torres</u> \$\$\$\$	Three-Michelin-star restaurant from twin chefs Sergio and Javier Torres, cooking in an open kitchen in the middle of the dining room.	The closing dinner and the best meal of the trip, to send Paarth off properly.